**Human Dev. & Family Relations (Adult & Aging)**

**\*Suggested Guided Pathway, B.S.**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Fall Year 1 |  |  | Spring Year 1 |  |
| Course and Title | Credits |  | Course and Title | Credits |
| CMM 101 - Intro to Public Speaking | 3 |  | ENG 101 - College Writing II | 3 |
| PSY 101 - General Psychology | 3 |  | Arts/Humanities or other Gen Ed | 3 |
| SOC 101 - Introduction to Sociology | 3 |  | World Sys/Language or other Gen Ed | 3 |
| FNI 191 - Nutrition and Well-Being | 3 |  | Gen Ed Elective | 3 |
| Liberal Arts Elective | 3 |  | Liberal Arts Elective  | 3 |
|  |  |  |  |  |
| Total Semester Credits | 15 |  | Total Semester Credits | 15 |
|  |  |  |  |  |
| Fall Year 2 |  |  | Spring Year 2 |  |
| Course and Title | Credits |  | Course and Title | Credits |
| PSY 311 - Survey of Human Development | 3 |  | HDF 211 - Child Development | 4 |
| US Civ/Western Civ or other Gen Ed | 3 |  | Liberal Arts Elective | 3 |
| Math or other Gen Ed | 3 |  | Liberal Arts Elective | 3 |
| Liberal Arts Elective | 3 |  | Liberal Arts Elective | 3 |
| Liberal Arts Elective | 3 |  | Liberal Arts Elective | 3 |
| LIB 200 - Critical Research Skills | 1 |  |  |  |
| Total Semester Credits | 16 |  | Total Semester Credits | 16 |
|  |  |  |  |  |
| Fall Year 3 |  |  | Spring Year 3 |  |
| Course and Title | Credits |  | Course and Title | Credits |
| HDF 311 - Family in Contemporary Society | 3 |  | HDF 314 - Mental Health in Human Services | 3 |
| CLG 402 - Intro Counseling Techniques | 3 |  | HDF 361 - Contemp. Human Services (AWR) | 3 |
| Policy Elective (PSC 100 or PSC 241) | 3 |  | HDF 420 - Adult Development and Aging | 3 |
| Global Issues Gen Ed | 3 |  | CLG 403 - Applied Counseling Techniques | 3 |
| Elective | 3 |  | Elective | 3 |
|  |  |  |  |  |
| Total Semester Credits | 15 |  | Total Semester Credits | 15 |
|  |  |  |  |  |
| Fall Year 4 |  |  | Spring Year  |  |
| Course and Title | Credits |  | Course and Title | Credits |
| CEM 361 - Personal and Family Finance | 3 |  | HDF 407 - Field Work Adult & Aging  | 12 |
| FNI 241 - Nutrition in the Life Cycle | 3 |  | HDF 408 - Seminar in Adult & Aging | 3 |
| HDF 309 - Death, Dying, & Bereavement  | 3 |  |  |  |
| HDF 487 - Abuse & Neglect Across Lifespan | 3 |  |  |  |
| PSY 416 - Psych Adult Dev. & Aging | 3 |  |  |  |
|  |  |  |  |  |
| Total Semester Credits | 15 |  | Total Semester Credits | 15 |

**Total Minimum Credits 120**

\* This represents an example of a suggested 4-year program pathway. Please consult DegreeWorks and your Advisor for your specific curriculum plan. Program pathways may change based on course availability.